



ALLDOTSPORTS@VERIZON.NET

2010 ADSL T-Ball Reminders and Rules

- PLEASE ARRIVE 15 MINUTES BEFORE SCHEDULED GAMETIME.
- COACHES SHOULD PUT KIDS IN SINGLE LINE TO THROW SOME GROUND BALLS AND POP FLYS FOR 10 MINUTES BEFORE GAME.
- FIRST TEAM LISTED ON SCHEDULE IS THE HOME TEAM, WHICH MEANS THEY WILL BE IN THE FIELD FIRST.
- ALL PLAYERS SHOULD HAVE ON FULL UNIFORM.
- COACHES AND PARENTS SHOULD HELP KEEP ORDER ON FIELD AND BENCHES, ENCOURAGE THE KIDS TO FOCUS, LEARN & HAVE FUN
- PLEASE BRING WATER & SUNSCREEN TO MAKE SURE THE KIDS ARE HYDRATED AND PROTECTED FROM THE SUN WHEN THE WEATHER BECOMES HOT, HUMID.

Innings: Three innings will be played unless darkness becomes a safety hazard or the 1 ½ hour time limit has been reached.

Rainouts: The league determines whether games will be cancelled due to the weather. Cancelled games will be announced on our website: www.alldorchestersportsleague.org or those without internet access may call the office @ (617) 287-1601 where a recording or staff member will inform you of the cancellation.

I. Players:

Batting order will consist of all players. Line up should be in random order and should be maintained for the entire game by coaches. Batting order should be changed every game. It is sometimes easier to set a batting order by shirt number.

- a. All batters and base runners MUST wear helmets. NO EXCEPTIONS
- b. Only 1 on deck batter should be warming up in the designated warm up circle. All other players shall remain on the bench. This rule will be strictly enforced for obvious safety reasons. A coach or parent will be assigned to strictly enforce this rule during the entire game.

c. All batters are to hit the ball off the tee. The ball must be hit fair for the batter to run to first base. The batter will have up to 6 attempts to put the ball in play.

1. If ball is hit by the last batter in the lineup the inning will end as soon as he or she reaches base.
2. The coach/parent will “announce” the last batter.

d. All players on the team will take fielding positions, including the pitcher's mound area. Distribute extra players in the outfield. (NOTE: Only a coach or parent will act as the catcher in this division).

1. Players will be rotated to different fielding positions for each game. This will allow all players to learn how to play all the positions during the season.

e. All players are expected to attempt a putout, especially the infielders. They are NOT to throw it back to the coach on the pitcher's mound. This will also be stressed for the outfielders. All players should be taught that outfielders are to throw the ball back into the second baseman. Coaches in the field are to direct the players on the proper plays. Play can be suspended to teach player(s) proper fielding techniques.

PLEASE REMEMBER THIS IS THE EDUCATIONAL LEVEL FOR OUR LEAGUE. THE MORE WE CAN TEACH AT THIS LEVEL WILL BE A BENEFIT TO THE PLAYERS AND COACHES AS THEY ADVANCE INTO OLDER LEAGUES.

II. Coaches

- a. Coaches act as catcher, coach bases and assist in the field. Recruit parents to assist in the field or act as bench coaches and base coaches.
- b. The Coach that is on the pitcher's mound shall not field the ball. A player will be positioned near the pitcher to field the position.
- c. A coach/parent will act as catcher at all times and will work with the batters.
- d. Coaches and parents are to keep the game fun for all. Do Not Emphasize Winning at this Level.
- e. Do not keep score.
- f. Teach the fundamentals of the game.
- g. Each inning will be over after the entire batting order has hit.
- h. The goals for the Coaches:

FUN for the Players, Coaches and Parents.

Teach the game fundamentals and sportsmanship.

Encourage parents to continue the teaching process at home and to assist during the games.

III. Conduct

- a. Yelling at the players by coaches, parents, spectators or other players is prohibited and will be strictly enforced.
- b. Emphasize Sportsmanship and Participation.
- c. Abusive language or conduct will not be tolerated. No throwing grass or dirt and no pushing.
- d. When game is over:
 1. Players line up on baseline, shake hands properly and then go to the bench.
 2. Remind players about some aspects of the game that has just been completed to reinforce baseball fundamentals.
 3. Make necessary announcements and remind everyone of the next scheduled game.
 4. Make sure everyone has their hat, glove and other personal items before they go home.

- 1. FUN**
- 2. FAIR PLAY**
- 3. FUNDAMENTAL SKILLS**
- 4. FAMILY INVOLVEMENT**

Please remember that the ADSL field house is open to all parents and participants. Parents, coaches or ADSL Staff should always escort a player to the restrooms located upstairs on each side of the staircase.